



Areas of Expertise

- a. Leadership Training
- b. Management Training
- c. HR
- d. Coaching

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Angela De Long Champs

Angela is committed to empowering others to make every communication opportunity count. She has invested years of experience in social and behavioural psychology and human resources into creating highly entertaining, sought after and valued courses in her field of expertise "executive presence". In addition her leadership development courses are highly valued and respected. She is an event speaker & trainer both in South Africa where she lives and abroad. She has travelled and worked across the world developing leaders in their leadership and communication skills. Angela is a learning & talent program designer and agile learning architect.

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Keynote Topics

1. **Executive Presence:**
Challenging leaders to examine their purpose; to own the stage and to proactively engage the hearts and minds of their audience.
2. **Communicating for impact:**
Physical and virtual skills that can be learnt to radically transform what you say and how you say it.
3. **Keys to personal leadership:**
lead yourself before you lead others. You are your own first follower! Learn to follow, learn self-discipline, seek accountability.
4. **'Step Up' management modules**
The following leadership skills & concepts can be used as stand alone modules or grouped into a 3 day leadership program:
 - **Feedback:** Giving and receiving feedback to enable growth and develop others.
 - **Coaching:** Coaching skills help leaders to enable and empower others to solve their own problems.
 - **Managing time:** Learning strategies to make the most of your brain at work and at home to increase your productivity and effectiveness.
 - **Circle of control and in uence:** Learning the where your "edges" are and how building and maintaining a network of in uence can enhance your effectiveness.
 - **The Freedom ladder:** It is not a one-size ts all approach. Your management style in uences how the people you lead and manage behave.
 - **Connecting to WHY:** building a sense of purpose into your leadership. Angela is a learning & talent program designer and agile learni

Educating and inspiring a nation

