



Areas of Expertise

- a. Inspirational
- b. Labor Law Training
- c. Product Liability Training
- d. Legacy Leadership Training

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Kim van Kets

Kim grew up in the rural areas of the Eastern Cape, studied law at Stellenbosch University, was admitted as an attorney of the High Court of RSA and spent many years in legal practice and the corporate world. She is currently self-employed as a legal consultant/ corporate trainer, freelance writer, published author and inspirational business speaker.

After doing all the usual ultras like Comrades and 2 Oceans, she discovered trail running and became addicted to the solitude and beauty of the sport. Since then she has taken part in numerous multi day ultra distance trail and Adventure races all over the world and won some of them. She is best known for her "Tri the Beloved Country" Expedition which involved a self powered 6 772 km circumnavigation of South Africa on foot, bike and kayak in 148 days.

Despite opportunities to have married a sensible person she is happily married to Adventurer, Peter van Kets (2x Atlantic Rower and one of the few South Africans to have trekked to the South Pole). She is also mother to Hannah and a Staffy puppy, Basil.

Her 60 minute keynote presentations, place emphasis on the following:

- Focusing on the positive
- Translating the dream into a goal
- Developing discipline and routine in the good times
- The power of reward
- Learning to give and receive help
- Not being immobilized by the enormity of the goal
- The value of being target driven
- Finding creative alternatives when resources we rely upon disappear
- Preventative maintenance - taking care of the important things before they present a crisis
- The value of collaboration

Van Kets Consulting

Kim has a BA LLB Degree from Stellenbosch University, and was admitted as an attorney of the High Court of RSA after doing her articles and passing her Board exams. She then spent a number of years in legal practice and in the corporate world. She is currently self-employed as a legal consultant/ corporate trainer, freelance writer, published author and inspirational speaker.