



Paddy Upton

Paddy is an acclaimed speaker, Head Coach in international cricket, a university Professor, and mental coach to professional athletes from 10 countries and 11 different sports. His unique and out-the-box approach to leadership, coaching and performance has seen him described as 'one of the best coaches' and 'the most innovative coach' in the world. His over 150 keynotes in 40 cities across five continents, include glowing references from Boeing, Dell, General Electric, Google, Microsoft, Unilever and many more, and 'consistently being rated the highest scoring speaker' at conferences in the USA, Australia and South Africa.

He is described as a 'delightfully entertaining', 'authentic', 'inspiring' story-teller, with an 'amazing ability to translate his message to be relevant and applicable across industries'.

Some accomplishments include;

Helping lead the Indian Cricket Team to achieve the World's No. 1 Test ranking for their first time, and then to win the 2011 ICC Cricket World Cup for the first time in 27 years.

Helping lead the South African Cricket Team to become the first team ever to simultaneously hold the World No. 1 ranking in all three formats of the international game.

Head Coach in 13 global T20 cricket seasons, for five different teams in three of the worlds' premier tournaments, the Indian Premier League (IPL), Australian Big Bash League (BBL) and Pakistan Super League (PSL). In his first season, he led underdogs Rajasthan Royals (IPL) from four years at the bottom of the log, to both the IPL and then Champions League finals, and followed this by leading Sydney Thunder team, after losing 21 out of 22 games prior to his arrival, to become Big Bash League Champions in 2015!

He has been mental coach to professional athletes from 10 countries and 11 different sports, including International cricketers, rugby, soccer and hockey players, Olympians, para-Olympians, World Tour golfers and World Tour surfers.

He has degrees from four different universities, including two masters degrees. In recognition for his innovative leadership and coaching approach, applicable in both sport and business, he was appointed Professor of Practice at Deakin University (Business and Law faculty. Melbourne, Australia)

Areas of Expertise

- a. High Performance Coach
- b. Author
- c. Keynote Speaker